

Sometimes people get a bit confused over the difference between bullying and mean or rude behaviour.

Rudeness is unintentional and generally takes place only once and can sometimes be hurtful as well.

Meanness is intentional and cruel but usually happens once.

Bullying is intentional; it happens more than once, is mean and keeps happening even when you ask it to stop.

People can be bullied for lots of different reasons including:

- ❖ What they do or do not want to do
- ❖ What they look like - being different
- ❖ Where they come from - area/country
- ❖ What they believe
- ❖ Because they have a different opinion
- ❖ Because they seem strong or smart or clever

It does not matter what the reason is...

Nobody in our school will accept bullying in any form

To help us to prevent bullying happening in our school we are asking everyone not to just be a **bystander**. This is a person who just watches or sometimes encourages a bully, which is not acceptable as they are giving the bully more power.

We want people to be positive. Using a slogan created by year 5 we say to everyone.

DON'T STAND BY STAND UP!

This means if you see any bullying or if you are being bullied you can;

- Tell a teacher or any adult you trust
- Tell a friend and get them to go with you to tell an adult
- Talk to the child and go with them to tell an adult
- If you feel confident enough to do so tell the bully or bullies to stop
- If you don't think someone is listening to you tell someone else
- You can always call **child line on 0800 1111**



We stop bullies by being strong together so...

DON'T STAND BY STAND UP!